

# Evolutionary Coaching & Consutting

Stephanie Trager

An opportunity to invest in awakening consciousness on this planet so we can live in harmony with ourselves, each other and nature.

### Who I serve

Catalysts, impact investors, organizations, families, entrepreneurs, inheritors, thought leaders and agents of impact here to reboot our world.

## How I Impact

We dive in at the deepest quantum level to identify and support breaking through the inner growth edges that hold us back, edge after edge, after edge. I wear many hats from guide, to strategist, coach, shamanic energy medicine practitioner, healer, intuitive, peak wellness facilitator, lawyer, advisor, sounding board, sustainability and impact agent, program developer and content creator, retreat leader, to all things evolutionary. As a back pocket catalyst, strategist and propeller for evolution, my programs offer an opportunity to invest in yourself and the awakening of consciousness on this planet.

### How I Serve

- Private Coaching
- The Inner Work of Impact
- Deep Dives, Workshops and Retreats
- Keynote Speaking
- The EVOLVE Program
- BLAZE Evolutionary Business & Awakened Leadership Program
- Creative done for you programming for scaling thought leadership, design, pricing, communications, messaging, positioning and scaling for impact, licensing strategy, contracts
- Ecosystem Architecture and Strategy
- Crafting Your Keynote Program
- Strategy Days
- · Mediation (family dynamics)
- Immersive Retreats
- Expeditions and Journeys
- Shamanic Energy Medicine
- Consulting
- On Retainer Trusted Advisor
- Bespoke Experiences



"Until you meet the unconscious on the inside it will continue to meet you on the outside."





#### Lauren Baptiste

"Stephanie's coaching, mentorship, leadership, professionalism and healing capabilities blend to one transformative elixir. While working together, Stephanie helped unleash my potential and create an impact that will ripple through my fife for years and years to come. Through working with her, I now have a flourishing business! Highly recommend."

#### Anna Ruth Henriques

"Thank YOU, Stephanie. Working with you has expanded me in ways I never thought possible. You've helped me see and believe in and manifest the merest twinkling of imagination into reality. You've also been patient and persistent to ensure a break-through, and for all I am infinitely grafeful!"



## Hello, I'm Stephanie

Drawing on 27 years experience as a transformational coach, sustainability expert, impact strategist, attorney, activist, wellness rebel, and medicine woman, I hold space with an intentional and powerful guided process for groups and individuals to experience quantum shifts in their personal and professional lives. My mission as an Earthkeeper is to awaken consciousness on this planet so we can live in harmony with ourselves, each other and nature.

I feel deeply honored to serve the integration of my life's work a for the evolution of business, humanity and the world. With a career spanning multiple industries, an eclectic mix of off the beaten path experience, and a list of letters next to my name, the most potent part of my training has been living in the wild and navigating many dark nights of the soul.

I know the unique challenges globe changers face personally and professionally. I quickly find the blindspots and connect the dots taking clients on a journey where they haven't gone before. It's my higher purpose to hold the space for yours and our greatest evolution. Raising the frequency on this planet, doing our inner work, expanding our powers of perception, healing and outgrowing old stories that no longer align with who we really are, and aligning our actions to create a new and intentional paradigm, is priority and key to activate our highest potential. If you are ready to transform at the deepest level and catalyze your work in the world to another level, or your organization is committed to positive impact and ready to take it to another level, connect with me to explore possibilities.



## Programs & Journeys

With a robust vault of modalities created, systems and tools developed and processes trained in, I weave and deliver programs and bespoke offerings that take you where you haven't gone before. Here are a handful of my signature programs...

## The Catalyst Map



### The Inner Work of Impact



Process delivered as keynote talk, series of deep dives, workshops, retreat, strategy facilitation, private and group coaching

### The Evolve Mastery Circle

12 Month Mastermind for 8 Evolutionary Impact Agents and New Earth weavers - Higher Purpose, Peak Wellness, Soul Mastery & Deeper Impact in Business, Leadership and Life

#### · Evolve

Private Program - Come home to who you really are so you can do the work you're really here to do - peak wellness, higher purpose, soul mastery & deeper impact in business, leadership and life

#### Blaze

Evolutionary Business & Awakened Leadership Program for impact agents or organizations launching their thought leadership in the word

### · The Journey of Increase

Transformational program to master conscious influence and conscious communication



## What's the Inner Work of Impact

Exploring the nexus between our inner work and outer impact as change agents

Inner work of impact Deep Dives Disrupt the Status Quo: They're:

- A quest to unveil our higher purpose and a map to higher impact
- An inner-standing of how old stories, traumas, beliefs, and mindsets are impacting our inner world which impacts our outer impact
- · Personal inquiry into how our limiting beliefs, biases and worldviews
- An expansive journey to widen our perception through non linear dynamics
- · An exploration of a new way of leadership and problem solving
- A process through the Catalyst Map Vision, Integrity, Voice, Authentic,
  Alignment where participants leave having a clear plan for integrating inner
  breakthroughs with outer impact for themselves and their collective mission
- A vulnerable safe space to experience personal transformation enabling higher energy, aligned purpose, and a shift in state from grief or despair to peace, joy and freedom

### Who is it for?

The Inner Work of Impact is for groups with a common mission who recognize that deep personal work is a requisite for deeper impact in business, leadership, and life.

### - Individuals

Catalysts, inheritors, thought leaders, entrepreneurs, and impact agents seeking a deeper journey of awakened leadership

#### - Groups

- Teams (leadership teams),
- Boards
- Families
- Member organizations
- Masterminds and cohorts



"We are limitless potential bound by perceptions and biases that no longer serve the highest evolution of business and humanity."

- Stephanie Trager



## How is the Inner Work of Impact delivered

- Inner Work of Impact Keynote Talk
- Four Part Series: Inner Work of Impact Deep Dives -60-90 min small group
- Inner Work of Impact Workshop bespoke co-creation (2.5 hour virtual workshop)
- Leadership Retreat / Board Meeting off site (Half day, full day, or several days of facilitated Deep Dives, exercises, experiences and transformational workshops)
- Inner Work of Impact for Shifting Family Dynamics
- Inner Work of Impact Group Coaching
- Individual Coaching / Advisory
- \*All of the above can be virtual or in person live

\*Other Bespoke opportunities are available for co-creation after a strategy call together with the aim to take you and your group where you haven't gone before!

## Options for Organizations

The Inner Work of Impact is a modality. There is a purpose and order which is bespoke for the specific group we work with.

#### Sample sessions include:

- Cognitive Breakthroughs: Busting Through Our Inner Growth Edge
- Ultimate Edge: Mastering Powers of Perception
- Owning Our Power as Creators
- Higher Purpose Pivot: Elevated Leadership for Elevated Imapct
- Impact Inventory and Peak Wellness



"I hope we can continue the InnerWork of Impact

at Toniic, everyone whocomes absolutely loves it."



"If you want to save the world, start with yourself."

- Mahatma Gandhi

## Testimonials.

"Wonderful deep dive! Stephanie did a great job taking us in, deep, in such a short time. And the perception/perspective distinction has stayed with me. I'd love to participate in the continuation of this series!"

- Inner Work of Impact Participant

"Stephanie is a problem solver extraordinaire and brilliant coach. Her perspectives take you way outside the box and always align with the bigger agenda. She has a gift for seeing ways to leverage opportunity with a big ROI and the most rewarding part about her coaching is the personal evolution you'll gain along the way. I highly recommend working with her!"

-Kimberly Rosenberg

"For those who "are on mission" these times can feel significantly challenging. We need the expertise and care of others equipped to help us through the next phase of the ever evolving spiral upwards to fulfill our spirit's journey here during this time. Some moments feel like a make it or break it phase in our life. Stephanie is a shaman to guide you through those spiritual emergencies safely and faster. Her strength and capacity to hold energy and space with genuine connective care helps you move through and access your own mastery for rapid release and a higher level re-connection"

-Susan Manewich

"It's amazing how you connected the dots, pointed out the holes in our strategy and filled them with amazing ideas. I feel so much more confident!" - Harriet Bond





Jayme Coates

After 6 months working with Stephanie, I felt like the real me had emerged with excitement and momentum that I did not think was possible.

Emilie Cortes

"Stephanie is one of the most intuitive and visionary people with whom I have ever worked. She is grounded in the practicality of getting things done to make impact and balances that with the aspirational goal of raising our overall level of consciousness."





Anne Rose Hart

"Stephanie has been my "business midwife," helping me create the structures and licensing strategy I needed to get my methodology out into the world, helping me breakthrough the part of my creation process that was holding back the birthing of my body of work, in ways I wasn't really even seeing. Stephanie's business acumen as well as her understanding of my creative process helped me move through a portal into my next level of impact and I couldn't have done it without her."

# Impact Investing in Consciousness

Invest in your personal evolution while supporting Intentional Paradigms' ability to expand their work of awakening of consciousness on this planet so we can live in harmony with ourselves, each other and nature.

## The Offering

Work together in a private program, join the Evolve Mastery Circle group mastermind, bring Stephanie in to deliver The Inner Work of Impact to your group, or be come a sponsor of Catalyst Talks Podcast.

## The Investment

Invest in your personal evolution and expanded impact. The investment tiers depend on the offering you choose.

### Awakening Consciousness

Goal is to open the aperture of perception for impact investors around the world through:

- The Inner Work of Impact
- Evolve Mastery Circle
- Private Coaching & Spiritual Advisory

### Catalyst Talks Podcast

Aiming to reach a million people by 2023 with two prong focus:

- Awakening consciousness
- Learning from experts on harnessing Earth's energy with out extraction - via free energy technology

# Let's Connect & Explore Possibilities

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Podcast

Catalyst Talks Podcast www.catalysttalks.com



#### Dan Fusco

"Working with Stephanie was an eye-opening experience. I needed to breakthrough where I was and get to my next level. From our first session together I was thinking differently, speaking differently, and integrating new habits, skills, and behaviors. Stephanie has a unique body of wisdom and knowledge with a logical approach that is anything but logical. She helped meconnect to my inner power, dive into my blind-spots, think way more outside the box and it's paying off."

Victoria D'Keefe

"Stephanie has the brilliant combination of intelligence, intuition, curiosity and passion to bring the best out of you. I gained significant clarity and confidence, as well as a leadership mindset and thought leadership toolkit to move my ESG initiatives forward that will serve me in the decades to come. I highly recommend Stephanie as a sustainability advisor, and as an executive leadership coach."

